

2010–11 Integrated Work Plan for the Mental Health Services Act
California Department of Education

Goals, Objectives and Activities	Due Date	Primary Responsibility
Goal 1: Promote partnerships that support the development and implementation of strategies that result in closing the achievement gap and improved outcomes for students in California's kindergarten through twelfth grade (K–12) educational systems.		
Objective 1a: Enhance engagement of the Special Education Local Plan Area (SELPA) and Special Education Administrators of County Offices (SEACO) with their county mental health partners to establish more programs at the county level for children, adolescents, and transition-age youth.		
1a(1). Contact special education administrators and members of county mental health staff to discuss existing local Mental Health Act Services Act (MHSA) activities related to programs for children, adolescents, and transition age youth, and the potential for program expansion and/or new program development.	Ongoing	California Department of Education (CDE) Special Education Division (SED) staff
1a(2). Provide feedback from special education administrators and county mental health staff and facilitate discussions related to identifying best practices across the state.	Ongoing	SED staff
1a(3). Utilize the SED Listserv to disseminate pertinent information related to resources such as studies, articles, trainings, conferences, and webinars for personnel in special education. Research expansion of the SED Listserv through the Lyris subscription service to increase the number of people being informed about MHSA activities.	December 2010	SED staff
1a(4). Develop a SED Web page for special education administrators and related staff to submit articles, Web links, and best practices that have been developed in collaboration with their county mental health agencies.	December 2010	SED staff
1a (5) Manage the SED and Learning Support and Partnerships Division (LSPD) Web pages to provide relevant resources and information on school mental health trainings, conferences, webinars, seminars and workshops about the MHSA, and create links to federal, state and local agencies working on school mental health issues.	Ongoing	SED staff, Monica Nepomuceno, David Kopperud

2010–11 Integrated Work Plan for the Mental Health Services Act
California Department of Education

Attachment XVIII
Page 2 of 4

Goals, Objectives and Activities	Due Date	Primary Responsibility
1a(6). Utilize the LSPD Listserv to disseminate pertinent information and resources related to school mental health such as current research, articles, trainings, conferences, funding opportunities, and webinars.	Ongoing	Monica Nepomuceno, David Kopperud
Objective 1b: Develop and implement strategies that expand and enhance collaboration between local and state agencies related to the implementation of the MHSA.		
1b(1). Identify opportunities in which the CDE can collaborate with other state and local agencies in order to assess existing programs and related services that may benefit K–12 pupils in special education and their families.	July 2010 through June 2011 and noted in bi-annual progress reports	SED staff and the Department of Mental Health (DMH) MHSA liaison
1b(2). Develop and implement strategies to enhance and formalize the relationship between the CDE and the SELPA administrators related to mental health in schools.		SED staff and SELPA Administrators
1b(3) Identify opportunities in which the CDE can partner with other state and local agencies that are implementing the MHSA and related activities for K–12 students in regular education and their families.	Ongoing	Monica Nepomuceno, David Kopperud
1b(4). Participate in the quarterly meetings of the State School Attendance Review Board to develop new ways of coordinating school, community, and home efforts to deal with mental health obstacles to regular school attendance and to help close the achievement gap.	Ongoing	Monica Nepomuceno, David Kopperud
Goal 2: Increase knowledge and capacity related to effective prevention and early intervention programs, services, and strategies for local educational agencies and other partners working with students who experience, or are at risk of, mental health issues, including suicide risk.		
Objective 2a: Provide technical assistance within the CDE and to California's special educators to increase knowledge of the MHSA and improve coordination of mental health prevention and early intervention efforts and community services and supports.		
2a(1). Serve as a resource on the MHSA to offices within the CDE that are working on related and intersecting issues.	July 2010 through June 2011	SED staff, Monica Nepomuceno, David Kopperud

2010–11 Integrated Work Plan for the Mental Health Services Act
California Department of Education

Attachment XVIII
Page 3 of 4

Goals, Objectives and Activities	Due Date	Primary Responsibility
2a(2). Respond to requests for information and provide technical assistance about the MHSA and the CDE's MHSA projects in the LSPD and the SED.	July 2010 through June 2011	SED staff, Monica Nepomuceno, David Kopperud
2a(3). Maintain, expand, and enhance knowledge of evidence-based mental health practices, programs, and strategies that involve or impact students and the K–12 educational systems, through participation in trainings, conferences, seminars, and workshops.	Ongoing	Monica Nepomuceno, David Kopperud
2a(4). Disseminate information about the MHSA and school-based mental health services, programs, and strategies via Listserv e-mail.	Ongoing	Monica Nepomuceno, David Kopperud
2a(5). Communicate with local educational agencies regarding best and promising practices to improve school attendance and behavior for pupils with mental health challenges by including mental health representatives as critical partners on school and district interdisciplinary teams.	Ongoing	Monica Nepomuceno, David Kopperud
2a(6). Maintain and update the LSPD Web page to include relevant resources, such as links to mental health agencies, related articles, research, funding opportunities, trainings, conferences, and webinars.	Ongoing	Monica Nepomuceno, David Kopperud
Objective 2b: Promote and engage in strategies that result in a reduction of stigma and discrimination among students who are at risk of mental disorders or illness, or students identified as having needs for mental health services, and their families.		
2b(1). Disseminate information on stigma and discrimination and suicide prevention to special education administrators.	September 2010 through June 2011	SED staff
2b(2). Disseminate information on the Jason Flatt Act, to encourage the use of professional development block grant funding to provide two hours of in-service training for teachers on the prevention of youth suicide.	July 2010 through June 2011	Monica Nepomuceno, David Kopperud,
Goal 3: Assist California schools to meet the increasing demands for services to students with mental health needs.		
Objective 3a: Use existing data and information to identify the scope of increasing mental health needs, best practices, and the capacity of the current school mental health delivery systems in California schools.		

2010–11 Integrated Work Plan for the Mental Health Services Act
California Department of Education

Attachment XVIII
Page 4 of 4

Goals, Objectives and Activities	Due Date	Primary Responsibility
3a(1). Review approved county prevention and early intervention plans to research and share best and promising practices, as well as review participation of schools in local county planning processes.	Ongoing	Monica Nepomuceno, David Kopperud
3a(2). Research best practices, strategies, and programs for K–12 students including review of other states' school mental health systems to determine effective approaches for serving students with mental health needs, including those with depression and at-risk for suicide.	Ongoing	Monica Nepomuceno, David Kopperud
Objective 3b: Provide statewide and local support to California schools on development of the MHSA and related mental health activities to address the mental health needs of K–12 students.		
3b(1). Identify key partners working on school mental health and disseminate information on best practices via the K–12 Mental Health Listserv and the CDE MHSA Web page.	Ongoing	Monica Nepomuceno, David Kopperud
3b(2). Disseminate information and resources and provide technical assistance to California schools relevant to the MHSA funding structure and service delivery processes that will assist schools in understanding and maximizing their participation in local MHSA planning and implementation efforts.	Ongoing	Monica Nepomuceno, David Kopperud
3b(3). Participate in and present at appropriate conferences and trainings to share information and resources on best practices, resources, and data on the mental health needs of K–12 students.	Ongoing	Monica Nepomuceno, David Kopperud
3b(4). Monitor contract with the Placer County Office of Education (PCOE). The PCOE will design a curriculum and provide high quality professional development for school and district level staff to train and support school sites and classrooms in the early recognition of children's mental health disorders.	Ongoing	Monica Nepomuceno, David Kopperud